

# IDEAsheet -Togetherness

## Elephants have it and so do we. The power of TOGETHERNESS

In my Ebook, Faith Plus Five, the 4th secret to a MOST LIFE is connecting with people. This is key to living a satisfying life. We all connect to people, it is in our nature and in our souls.

Let's remember to connect with someone special, maybe an old friend or someone you haven't spoken to for awhile. TOGETHERNESS, is fundamental to our nature and necessary to our happiness and satisfaction in life.

1. List the feelings you experience when you connect with a close friend\_\_\_\_\_

\_\_\_\_\_

2. Why are these feelings important to you and having a great life?

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_

3. List 3 people who you can re-connect with to enhance these feelings

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

4. What 3 actions can you take to get TOGETHER with these people. Call? Write? Have tea? Dinner? Movie? What is your pleasure?

1. \_\_\_\_\_ Date \_\_\_\_\_  
Activity \_\_\_\_\_
2. \_\_\_\_\_ Date \_\_\_\_\_  
Activity \_\_\_\_\_
3. \_\_\_\_\_ Date \_\_\_\_\_  
Activity \_\_\_\_\_

Enjoy your TOGETHERNESS time.

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